



## SUGGESTIONS FOR SEPARATION

Different children will handle separation from parents in different ways. To assist your child in the most satisfactory separation, we suggest you consider the following points.

On the first day, we recommend:

1. Inform your child of what your plans are, tell your child that you are bringing them to school and where you will be while they are in school. Be sure to let your child know that you will be back to pick them up.
2. After the guide greets your child and you have shared whatever information is necessary – make the break. Give your child a hug, a kiss and a word of encouragement.
3. Let your child know by your verbal and physical actions that you are sure that they will have a good time. Share your confidence with your child. **Let your child know that you feel they are capable of handling this new experience.**
4. Remember, by hesitating or holding on, you will be confusing your child.
5. If it is emotionally difficult for you to separate from your child, do not communicate this information to others in front of your child. Children are very perceptive and may become anxious if they hear you sharing your concerns which reflect their ability to adjust.
6. If it is difficult for you to separate from your child, please feel free to call and see how they are doing during the day.
7. Experience has shown that separation is often more difficult for parents than for children.